APPENDIX 2

Wellbeing: Enhancing quality of life for people with care and support needs	
 Financial support/wellbeing 	Access to benefits and financial advice
 Responsive overnight care service (covering both external and internal providers) Better incontinence support Flexibility in services Pool/register of Pas Personal budget freedom 	Stimulate the market to provide more personalised services
 Emotional and practical support through life and support changes Listening service More frequent "check ups"/"check up" service Emergency low-level support availability Combatting isolation Use of technology to alleviate lonliness feel isolated due to limited activities in area for someone with my condition 	Emotional support
 Support with and information relating to lifestyle changes Education and awareness programmes Access to and availability of information and services Appropriate training for all professionals 	Information and Awareness (with Training as necessary)
 Accessibility/full use of existing property Help to maintain independence at home Suitable housing to meet needs 	Supporting independence at home
Accessible sports/wellbeing classesBetter disabled facilities/toilets	Supporting independence in the community
 Build community capacity Encourage collaborative working with the individual and partner agencies Improving engagement/consultation 	Community engagement/involvement & Partnership work
 MS OT 	Specialist services
 More day care and respite availability A place or support group of mutual understanding 	Community support
 Allocated professionals for consistency 	One point of care management contact
 Work (FPH) do not undertstand that staff have long term conditions that may affect your working pattern - this keeps changing 	Supporting employment

Recovery: Delaying and reducing the need for care and support	
 Ensuring installation and not just delivery of equipment promises made by OT not fulfilled - equip did not materialise 	Ensuring seamless, end-to-end support
 Empowering and understanding own needs Knowing how and when to access support before crisis Education/respect for conditions to enable more appropriate practitioner support (not just medication for symptoms) Help to find the right support Correct information given at the onset/diagnosis of condition 	Education / Information around Self-care
 More sheltered housing/supported living accommodation to enable independent living More accessible housing 	Supporting independent living
 Holistic approach to care and health including dietary needs 	Consideration of the whole individual
 Responsive OT for Stroke after stroke - leaving hospital it was a few months before speech therapy started 	Specialist services
Timely interventions	Right support, Right time
 Easier system to access non-critical services and support 	Access to services

Experiences: Ensuring that people have a positive experience of care and support		
 Support the individual and not the condition Equality in treatment of different conditions Mutual understanding and management of (realistic) expectations More flexibility in the availability of care management adjusting communication methods to suit the individual (preferred contact methods) Easier navigation of the system (less need for "inside knowledge") 	Fair/consistent access and support	
 Increased knowledge and awareness of conditions at all levels 	Awareness / Training	
 Remove "postcode lottery" of services More choices of services 	Stimulate the independent care market	
 Accessible directory of services One point of contact for all help and advice Access to information (not just via the internet) Promotion of support/services Correct information given at the onset/diagnosis of condition Appropriate signposting Experts by Experience and more independent information 	Access to information	
 Joined up/seemless service approach between LA/NHS/VCS Greater strategic partnership work Easier transition from health to social care More opportunities to share experiences and understand practitioner/individual/organisational viewpoints Greater strategic community involvement Want to feel valued and listened to 	Partnership work / Community engagement	
 Continuity of care management Concerns regarding continuity of care management provision from part time staff 	One point of care management contact	
 Enabling and aiding planning for the future 	Future proofing support plans	
 Mobility concessions Access in to older buildings 	Supporting independent living	
 Help developing confidence 	Personal development	
 More freedom on fundamental decisions 	Personalisation	

Safety: Safeguarding people whose circumstances make them vulnerable and protecting from avoidable harm		
 Timescales from diagnosis to support to avoid unnecessary risk/deterioration 	Timely interventions to reduce risk/escalation	
 Greater engagement of hard to reach communities 	Partnership work / Community engagement	
 Greater support and information regarding PAs (legal, financial, etc) 	Support around Personalisation	
 Issues arising through confidentiality where communication difficulties arise for main/informal carers where not NOK 	Information / guidance for informal carers or friends who are not NOK	
 Anticipation of future needs when planning care 	Future proofing support plans	
 Concerns about competancy/standards of available support 	Quality Assurance Assessment	
 Mobility scooter speed restrictions 	Community safety	
 people need to be made aware of their rights 	Awareness	
 lost home help while being married Language difficulty - interpreters not always available 	Protecting equalities	